

MENU & NUTRITIONAL INFORMATION

SOFT TACOS

		SERVING SIZE (oz)	CALORIES	PROTEIN (g)	CARBS (g)	DIETARY FIBER (g)	FAT TOTAL (g)	SAT. FAT (g)	TRANS. FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	SUGAR (g)
Pinto Bean Soft Taco A soft flour tortilla filled with fat-free pinto beans, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		9.8	529	17.3	58.9	8.7	26.4	8.8	0.0	32.5	1190	1.3
Beef Soft Taco A soft flour tortilla filled with seasoned ground beef, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		9.8	602	27.3	47.9	7.7	33.9	12.8	0.0	42.5	1650	1.3
Chicken Soft Taco A soft flour tortilla filled with tender chicken, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		9.8	534	30.3	41.9	2.7	27.9	8.8	0.0	57.5	1250	1.3
Pinto Bean Spicy Ranch Soft Taco A soft flour tortilla filled with fat-free pinto beans, Cheddar cheese, spicy ranch dressing, lettuce, and tomatoes.		9.8	559	17.4	58.9	8.8	27.4	8.8	0.0	31.5	1345	1.2
Beef Spicy Ranch Soft Taco A soft flour tortilla filled with seasoned ground beef, Cheddar cheese, spicy ranch dressing, lettuce, and tomatoes.		9.8	632	27.4	47.9	7.8	34.9	12.8	0.0	41.5	1805	1.2
Chicken Spicy Ranch Soft Taco A soft flour tortilla filled with tender chicken, Cheddar cheese, spicy ranch dressing, lettuce, and tomatoes.		9.8	564	30.4	41.9	2.8	28.9	8.8	0.0	56.5	1405	1.2
Mini Pinto Bean Soft Taco A smaller version of our Soft Taco filled with fat-free pinto beans, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		5.5	293	10.4	30.8	5.4	13.9	4.8	0.0	20.0	668	0.6
Mini Beef Soft Taco A smaller version of our Soft Taco filled with seasoned ground beef, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		5.5	341	17.0	23.5	4.7	18.9	7.4	0.0	26.7	975	0.6
Mini Chicken Soft Taco A smaller version of our Soft Taco filled with tender chicken, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		5.5	296	19.0	19.5	1.4	14.9	4.8	0.0	36.7	708	0.6
Pinto Bean Natural Soft Taco A whole-wheat tortilla filled with fat-free pinto beans, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		11.8	567	21.6	67.3	36.7	26.7	8.8	0.0	32.5	1423	1.3
Beef Natural Soft Taco A whole-wheat tortilla filled with fat-free pinto beans, seasoned ground beef, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		11.8	640	31.6	56.3	35.7	34.2	12.8	0.0	42.5	1883	1.3
Chicken Natural Soft Taco A whole-wheat tortilla filled with fat-free pinto beans, tender chicken, Cheddar cheese, Taco Time's original ranch dressing, lettuce, and tomatoes.		11.8	572	34.6	50.3	30.7	28.2	8.8	0.0	57.5	1483	1.3
Fish Soft Taco A soft flour tortilla filled with lightly battered Alaskan Cod fillets, tangy white sauce, an assortment of diced vegetables, and Mild Salsa.		10.1	655	19.0	64.5	5.8	35.0	5.5	0.0	10.0	1293	1.0
Veggie Soft Taco A whole wheat tortilla filled with fat-free pinto beans, Cheddar cheese, Taco Time's original ranch dressing, lettuce, Corn Salsa, roasted pumpkin seeds, and an assortment of diced vegetables.		11.1	581	21.6	59.4	33.6	31.6	9.6	0.0	32.5	1131	0.8

BURRITOS

		SERVING SIZE (oz)	CALORIES	PROTEIN (g)	CARBS (g)	DIETARY FIBER (g)	FAT TOTAL (g)	SAT. FAT (g)	TRANS. FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	SUGAR (g)
Crisp Pinto Bean Burrito Fat-free pinto beans rolled in a flour tortilla with Cheddar cheese, then deep-fried to a crisp, golden brown.		4.2	310	11.0	32.0	6.0	15.0	4.5	0.0	10.0	550	6.0
Crisp Beef Burrito Seasoned ground beef rolled in a flour tortilla with Cheddar cheese, then deep-fried to a crisp, golden brown.		4.2	350	18.0	26.0	4.0	20.0	8.0	0.0	20.0	940	2.0
Crisp Chicken Burrito Tender chicken mixed with onion, green chilies, and cream cheese rolled in a flour tortilla with Cheddar cheese, then deep-fried to a crisp, golden brown.		4.2	300	20.0	19.0	2.0	16.0	5.0	0.0	30.0	660	1.0

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Take n' Bake Crisp Pinto Bean Burritos (4-pack)	 	Our original Crisp Pinto Bean Burritos now available in a take home 4-pack. Just heat and enjoy.	16.9	1240	44.0	128.0	24.0	60.0	18.0	0.0	40.0	2200	24.0
Take n' Bake Crisp Beef Burritos (4-pack)	 	Our original Crisp Beef Burritos now available in a take home 4-pack. Just heat and enjoy.	16.9	1400	72.0	104.0	16.0	80.0	32.0	0.0	80.0	3760	8.0
Soft Pinto Bean Burrito	 	Fat-free pinto beans with burrito sauce and Cheddar cheese wrapped in a soft flour tortilla.	9.2	454	17.9	64.7	10.0	14.4	5.3	0.0	22.5	1299	0.0
Soft Beef Burrito	 	A soft flour tortilla filled with seasoned ground beef, burrito sauce, and Cheddar cheese.	9.2	551	31.3	50.0	8.7	24.4	10.6	0.0	35.8	1913	0.0
Soft Chicken Burrito	 	A soft flour tortilla filled with tender chicken, burrito sauce, and Cheddar cheese.	9.2	460	35.3	42.0	2.0	16.4	5.3	0.0	55.8	1379	0.0
Habanero Soft Beef Burrito	 	A soft flour tortilla filled with black beans, rice, seasoned ground beef, sour cream, and spicy Habanero Salsa.	13.2	726	31.7	96.6	14.7	22.6	8.5	0.0	30.3	2309	1.4
Habanero Soft Chicken Burrito	 	A soft flour tortilla filled with black beans, rice, tender chicken, sour cream, and spicy Habanero Salsa.	13.2	658	34.7	90.6	9.7	16.6	4.5	0.0	45.3	1909	1.4
Veggie Classic Burrito	 	A soft flour tortilla filled with an assortment of diced vegetables, rice, fat-free pinto beans, Cheddar cheese, Taco Time's original ranch dressing, guacamole, roasted pumpkin seeds, and lettuce.	14.6	760	23.4	90.2	11.8	35.8	10.0	0.0	32.5	1427	1.1
Beef Classic Burrito	 	A soft flour tortilla filled with seasoned beef, rice, fat-free pinto beans, Cheddar cheese, Taco Time's original ranch dressing, guacamole, and lettuce.	15.2	836	34.0	91.1	14.2	38.6	13.2	0.0	42.5	2250	1.1
Chicken Classic Burrito	 	A soft flour tortilla filled with tender chicken, rice, fat-free pinto beans, Cheddar cheese, Taco Time's original ranch dressing, guacamole, and lettuce.	15.2	768	37.0	85.1	9.2	32.6	9.2	0.0	57.5	1850	1.1

TACOS

Crisp Pinto Bean Taco	   	A crisp corn tortilla filled with fat-free pinto beans, Cheddar cheese, lettuce, and tomato.		4.0	188	6.9	21.3	4.3	7.9	2.5	0.0	15.0	356	0.2
Crisp Beef Taco	   	A crisp corn tortilla filled with seasoned ground beef, Cheddar cheese, lettuce, and tomato.	 	4.0	236	13.6	14.0	3.7	12.9	5.2	0.0	21.7	663	0.2
Crisp Chicken Taco	   	A crisp corn tortilla filled with tender chicken, Cheddar cheese, lettuce, and tomato.		4.0	191	15.6	10.0	0.3	8.9	2.5	0.0	31.7	396	0.2
Pinto Bean Baja Taco	   	Two white corn tortillas loaded with fat-free pinto beans, Pico de Gallo, and lettuce.		6.4	309	7.7	45.6	5.1	9.4	2.0	0.0	0.0	1072	0.3
Beef Baja Taco	   	Two white corn tortillas loaded with seasoned ground beef, Pico de Gallo, and lettuce.		6.4	358	14.4	38.2	4.5	14.4	4.7	0.0	6.7	1379	0.3
Chicken Baja Taco	   	Two white corn tortillas loaded with tender chicken, Pico de Gallo, and lettuce.		6.4	313	16.4	34.2	1.1	10.4	2.0	0.0	16.7	1112	0.3
Fish Baja		Two white corn tortillas filled with an assortment of diced vegetables and topped with tangy white sauce, mild salsa, and a lightly battered Alaskan Cod fillet.	   	6.1	448	10.5	44.7	1.9	23.0	4.0	0.0	5.0	922	0.5
Crisp Chicken Taco Light	   	A crisp corn tortilla filled with tender chicken, low-fat cheese, lettuce and tomato.		4.0	176	16.1	10.0	0.3	6.9	1.5	0.0	26.7	386	0.2

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SALADS

(Nutrition information does not include dressing)

Pinto Bean Tostado Salad

A crisp flour tortilla bowl filled with fat-free pinto beans, Cheddar cheese, lettuce, and tomatoes. Served with your choice of dressing or salsa on the side. (Totals do not include dressing).



13.4 733 21.6 72.5 15.3 40.9 6.8 0.0 22.5 1160 0.7

Beef Tostado Salad

A crisp flour tortilla bowl filled with fat-free pinto beans, seasoned ground beef, Cheddar cheese, lettuce, and tomatoes. Served with your choice of dressing or salsa on the side. (Totals do not include dressing).



13.4 830 34.9 57.8 13.9 50.9 12.1 0.0 35.8 1773 0.7

Chicken Tostado Salad

A crisp flour tortilla bowl filled with fat-free pinto beans, tender chicken, Cheddar cheese, lettuce, and tomatoes. Served with your choice of dressing or salsa on the side. (Totals do not include dressing).



13.4 740 38.9 49.8 7.3 42.9 6.8 0.0 55.8 1240 0.7

Pinto Bean Taco Salad

 GLUTEN-SENSITIVE

Fat-free pinto beans on a bed of shredded lettuce topped with Cheddar cheese and tomatoes. Served with your choice of dressing or salsa on the side. (Totals include corn tortilla chips but do not include dressing).



10.8 386 15.0 42.0 10.6 17.9 5.5 0.0 30.0 719 0.7

Beef Taco Salad

 GLUTEN-SENSITIVE

Seasoned ground beef on a bed of shredded lettuce topped with Cheddar cheese and tomatoes. Served with your choice of dressing or salsa on the side. (Totals include corn tortilla chips but do not include dressing).



10.8 484 28.4 27.4 9.2 27.9 10.9 0.0 43.3 1333 0.7

Chicken Taco Salad

 GLUTEN-SENSITIVE

Tender chicken on a bed of shredded lettuce topped with Cheddar cheese and tomatoes. Served with your choice of dressing or salsa on the side. (Totals include corn tortilla chips but do not include dressing).



10.8 393 32.4 19.4 2.6 19.9 5.5 0.0 63.3 799 0.7

Veggie Chop Salad

 GLUTEN-SENSITIVE

A blend of shredded iceberg lettuce, and diced assorted vegetables topped with whole black beans, fat-free pinto beans, Pico de Gallo, Corn Salsa, and roasted pumpkin seeds. Served with your choice of dressing or fresh salsa. (Totals do not include dressing).



14.9 359 19.3 56.3 20.4 7.1 0.9 0.0 0.0 1133 0.3

Chicken Chop Salad

 GLUTEN-SENSITIVE

A blend of shredded iceberg lettuce, and diced assorted vegetables topped with tender chicken, whole black beans, Pico de Gallo, Corn Salsa, and roasted pumpkin seeds. Served with your choice of dressing or fresh salsa. (Totals do not include dressing).



14.9 366 36.7 33.6 12.4 9.1 0.9 0.0 33.3 1213 0.3

SOUPS

White Chicken Chili - Cup

 GLUTEN-SENSITIVE

Made from scratch with tender chicken simmered in a rich broth with Corn Salsa, roasted red peppers, diced green chilies, and onions.



7.0 160 16.0 21.0 8.0 2.0 0.5 0.0 10.0 570 2.0

White Chicken Chili - Bowl

 GLUTEN-SENSITIVE

Made from scratch with tender chicken simmered in a rich broth with Corn Salsa, roasted red peppers, diced green chilies, and onions.



11.0 251 25.1 33.0 12.6 3.1 0.8 0.0 15.7 896 3.1

BOWLS

Veggie Fit-Hit Bowl™

Rice, whole black beans, and an assortment of diced vegetables with Pico de Gallo, Corn Salsa, roasted pumpkin seeds, and your choice salsa.



13.5 470 17.6 82.8 12.9 8.0 0.9 0.0 0.0 1477 2.4

Chicken Fit-Hit Bowl™

Rice, whole black beans, and tender chicken topped with Pico de Gallo, Corn Salsa, and your choice of salsa.



15.1 486 31.6 79.5 11.0 4.8 0.1 0.0 25.0 1908 2.4

COMBO MEALS

(LOW = Cup of White Chicken Chili and Diet Coke, HIGH = Tater Fries and Root Beer)

#1 Soft Burrito - LOW

Your choice of a Soft Pinto Bean, Beef, or Chicken Burrito served with a medium order of Tater Fries and a medium drink.



37.2 614 33.9 85.7 18.0 16.4 5.8 0.0 32.5 1939 2.0

#1 Soft Burrito - HIGH

Your choice of a Soft Pinto Bean, Beef, or Chicken Burrito served with a medium order of Tater Fries and a medium drink.



34.8 1254 35.8 170.2 15.0 50.5 13.7 0.0 35.8 3151 78.8

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#2 Crisp Burrito - <i>LOW</i> Your choice of a Crisp Pinto Bean, Beef, or Chicken Burrito served with a medium order of Tater Fries and a medium drink.		32.2	460	36.0	40.0	10.0	18.0	5.5	0.0	40.0	1300	3.0	
#2 Crisp Burrito - <i>HIGH</i> Your choice of a Crisp Pinto Bean, Beef, or Chicken Burrito served with a medium order of Tater Fries and a medium drink.		29.8	1053	22.5	146.2	10.3	46.1	11.2	0.0	20.0	2178	80.8	
#3 Soft Taco - <i>LOW</i> Your choice of a Pinto Bean, Beef, or Chicken Soft Taco served with a medium order of Tater Fries and a medium drink.		37.8	689	33.3	79.9	16.7	28.4	9.3	0.0	42.5	1830	3.3	
#3 Soft Taco - <i>HIGH</i> Your choice of a Soft Pinto Bean, Beef, or Chicken Soft Taco served with a medium order of Tater Fries and a medium drink.		35.4	1305	31.8	168.1	14.0	60.0	15.9	0.0	42.5	2889	80.0	
#4 Two Crisp Tacos - <i>LOW</i>  Your choice of two Crisp Pinto Bean, Beef or Chicken Tacos served with a medium order of Tater Fries and a medium drink.		36.0	535	29.9	63.6	16.7	17.8	5.5	0.0	40.0	1352	2.4	
#4 Two Crisp Tacos - <i>HIGH</i>  Your choice of two Crisp Pinto Bean, Beef or Chicken Tacos served with a medium order of Tater Fries and a medium drink.		33.6	1175	31.7	148.1	13.6	51.9	13.5	0.0	43.3	2564	79.2	
#5 Natural Soft Taco - <i>LOW</i> Your choice of a Pinto Bean, Beef or Chicken Natural Soft Taco served with a medium order of Tater Fries and a medium drink.		39.8	727	37.6	88.3	44.7	28.7	9.3	0.0	42.5	2063	3.3	
#5 Natural Soft Taco - <i>HIGH</i> Your choice of a Pinto Bean, Beef or Chicken Natural Soft Taco served with a medium order of Tater Fries and a medium drink.		37.4	1343	36.1	176.4	42.0	60.3	15.9	0.0	42.5	3122	80.0	
#6 Veggie Soft Taco - <i>LOW</i> A Veggie Soft Taco served with a medium order of Tater Fries and a medium drink.		39.1	741	37.6	80.4	41.6	33.6	10.1	0.0	42.5	1771	2.8	
#6 Veggie Soft Taco - <i>HIGH</i> A Veggie Soft Taco served with a medium order of Tater Fries and a medium drink.		36.7	1284	26.1	179.6	39.9	57.7	12.7	0.0	32.5	2370	79.6	
#7 Light Meal - <i>LOW</i> Crisp Chicken Taco Light served with a cup of White Chicken Chili and a medium drink.		32.0	336	32.1	31.0	8.3	8.9	2.0	0.0	36.7	1026	2.2	
#7 Light Meal - <i>HIGH</i> Crisp Chicken Taco Light served with a bowl of White Chicken Chili and a medium drink.		32.0	616	32.1	109.7	8.3	8.9	2.0	0.0	36.7	1078	81.0	
#8 Two Baja Tacos - <i>LOW</i>  Your choice of two Pinto Bean, Beef or Chicken Baja Tacos served with a medium order of Tater Fries and a medium drink.		40.7	779	31.5	112.2	18.2	20.8	4.5	0.0	10.0	2785	2.6	
#8 Two Baja Tacos - <i>HIGH</i>  Your choice of two Pinto Bean, Beef or Chicken Baja Tacos served with a medium order of Tater Fries and a medium drink.		38.3	1419	33.3	196.6	15.2	54.9	12.5	0.0	13.3	3997	79.4	
#9 Two Fish Bajas - <i>LOW</i> Two Fish Bajas served with a medium order of Tater Fries and a medium drink.		40.2	1055	37.0	110.5	11.8	48.0	8.5	0.0	20.0	2483	3.0	
#9 Two Fish Bajas - <i>HIGH</i> Two Fish Bajas served with a medium order of Tater Fries and a medium drink.		37.8	1598	25.5	209.6	10.1	72.1	11.2	0.0	10.0	3082	79.8	
#10 Fish Soft Taco - <i>LOW</i> A Fish Soft Taco served with a medium order of Tater Fries and a medium drink.		38.1	815	35.0	85.5	13.8	37.0	6.0	0.0	20.0	1933	3.0	
#10 Fish Soft Taco - <i>HIGH</i> A Fish Soft Taco served with a medium order of Tater Fries and a medium drink.		35.7	1410	23.5	184.6	12.1	61.1	8.7	0.0	10.0	2532	79.8	

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#11 Classic Burrito - <i>LOW</i> Your choice of a Veggie, Beef, or Chicken Classic Burrito served with a medium order of Tater Fries and a medium drink.		42.6	920	39.4	111.2	19.8	37.8	10.5	0.0	42.5	2067	3.1
#11 Classic Burrito - <i>HIGH</i> Your choice of a Veggie, Beef, or Chicken Classic Burrito served with a medium order of Tater Fries and a medium drink.		40.8	1259	38.5	132.5	20.5	64.7	16.4	0.0	42.5	3436	1.1
#12 Soft Habanero Burrito - <i>LOW</i> Your choice of a Beef or Chicken Soft Habanero Burrito served with a medium order of Tater Fries and a medium drink.		41.2	818	50.7	111.6	17.7	18.6	5.0	0.0	55.3	2549	3.4
#12 Soft Habanero Burrito - <i>HIGH</i> Your choice of a Beef or Chicken Soft Habanero Burrito served with a medium order of Tater Fries and a medium drink.		38.8	1429	36.2	216.7	21.0	48.7	11.7	0.0	30.3	3548	80.1
PLATTERS (Nutrition information does not include dressing)												
Regular Nachos Hand crafted corn tortilla chips loaded with a blend of aged Cheddar and low-fat white cheese, whole black beans, and Pico de Gallo. Served with a side of guacamole and sour cream.		15.7	1096	43.4	69.8	15.8	69.4	24.8	0.0	140.5	1608	1.4
Beef Nachos Hand crafted corn tortilla chips loaded with a blend of aged Cheddar and low-fat white cheese, seasoned ground beef, whole black beans, and Pico de Gallo. Served with a side of guacamole and sour cream.		18.7	1256	58.4	75.8	20.8	77.4	28.8	0.0	150.5	2448	1.4
Chicken Nachos Hand crafted corn tortilla chips loaded with a blend of aged Cheddar and low-fat white cheese, tender chicken, whole black beans, and Pico de Gallo. Served with a side of guacamole and sour cream.		18.7	1188	61.4	69.8	15.8	71.4	24.8	0.0	165.5	2048	1.4
Pinto Bean Fiesta Platter A Crisp Pinto Bean Taco and Crisp Pinto Bean Burrito served with Tater Fries, fat-free pinto beans, and a side salad with your choice of dressing.		16.8	994	28.3	109.9	21.9	48.2	10.6	0.0	32.5	1961	6.4
Beef Fiesta Platter A Crisp Beef Taco and Crisp Beef Burrito served with Tater Fries, fat-free pinto beans, and a side salad with your choice of dressing.		16.8	1083	42.0	96.6	19.3	58.2	16.7	0.0	49.2	2657	2.4
Chicken Fiesta Platter A Crisp Chicken Taco and Crisp Chicken Burrito served with Tater Fries, fat-free pinto beans, and a side salad with your choice of dressing.		16.8	988	46.0	85.6	13.9	50.2	11.1	0.0	69.2	2111	1.4
Pinto Bean Casita Burrito™ A soft flour tortilla filled with fat-free pinto beans and a touch of Taco Time's original ranch dressing. Covered with burrito sauce and Cheddar cheese. Served with a side salad with your choice of dressing.		16.9	807	25.1	95.8	16.1	37.1	10.5	0.0	40.0	1773	1.3
Beef Casita Burrito™ A soft flour tortilla filled with fat-free pinto beans, seasoned ground beef and a touch of Taco Time's original ranch dressing. Covered with burrito sauce and Cheddar cheese. Served with a side salad with your choice of dressing.		16.9	880	35.1	84.8	15.1	44.6	14.5	0.0	50.0	2223	1.3
Chicken Casita Burrito™ A soft flour tortilla filled with fat-free pinto beans, tender chicken and a touch of Taco Time's original ranch dressing. Covered with burrito sauce and Cheddar cheese. Served with a side salad with your choice of dressing.		16.9	812	38.1	78.8	10.1	38.6	10.5	0.0	65.0	1833	1.3
Pinto Bean Enchilada Platter Two white corn tortilla enchiladas filled with fat-free pinto beans. Covered with burrito sauce, Cheddar cheese, sour cream, and Pico de Gallo. Served with a side of fat-free pinto beans and rice.		20.7	1008	33.1	135.6	20.9	35.9	11.8	0.0	57.8	2712	0.3
Beef Enchilada Platter Two white corn tortilla enchiladas filled with seasoned ground beef. Covered with burrito sauce, Cheddar cheese, sour cream, and Pico de Gallo. Served with a side of fat-free pinto beans and rice.		20.7	1133	48.2	121.0	19.5	48.1	18.4	0.0	78.6	3375	0.3
Chicken Enchilada Platter Two white corn tortilla enchiladas filled with tender chicken. Covered with burrito sauce, Cheddar cheese, sour cream, and Pico de Gallo. Served with a side of fat-free pinto beans and rice.		20.7	1114	57.2	119.6	16.2	41.0	13.0	0.0	98.6	2692	0.3

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MINI TIME MEALS™

(LOW = Tater Fries and Diet Coke, HIGH = Tater Fries and Root Beer)

#13 Mini Time - Crisp Taco - LOW  GLUTEN-SENSITIVE		22.6	423	9.4	44.3	8.3	22.4	4.3	0.0	15.0	1029	0.2
Your choice of a Crisp Pinto Bean, Beef or Chicken Taco served with a small order of Tater Fries and a small soft drink.												
#13 Mini Time - Crisp Taco - HIGH  GLUTEN-SENSITIVE		22.6	685	16.1	97.0	7.7	27.4	7.0	0.0	21.7	1376	60.2
Your choice of a Crisp Pinto Bean, Beef or Chicken Taco served with a small order of Tater Fries and a small soft drink.												
#14 Mini Time - Crisp Burrito - LOW		22.8	535	22.5	42.0	6.0	30.5	6.8	0.0	30.0	1333	1.0
Your choice of a Crisp Pinto Bean, Beef or Chicken Burrito served with a small order of Tater Fries and a small soft drink.												
#14 Mini Time - Crisp Burrito - HIGH		22.8	798	20.5	109.0	8.0	34.5	9.8	0.0	20.0	1653	62.0
Your choice of a Crisp Pinto Bean, Beef or Chicken Burrito served with a small order of Tater Fries and a small soft drink.												
#15 Mini Time - Mini Soft Taco - LOW		24.1	528	12.9	53.8	9.4	28.4	6.6	0.0	20.0	1342	0.6
Your choice of a Pinto Bean, Beef or Chicken Mini Soft Taco served with a small order of Tater Fries and a small soft drink.												
#15 Mini Time - Mini Soft Taco - HIGH		24.1	790	19.5	106.5	8.7	33.4	9.2	0.0	26.7	1688	60.6
Your choice of a Pinto Bean, Beef or Chicken Mini Soft Taco served with a small order of Tater Fries and a small soft drink.												
#16 Mini Time - Baja Taco - LOW		25.0	544	10.2	68.6	9.1	23.9	3.8	0.0	0.0	1745	0.3
Your choice of a Pinto Bean, Beef or Chicken Baja Taco served with a small order of Tater Fries and a small soft drink.												
#16 Mini Time - Baja Taco - HIGH		25.0	806	16.9	121.2	8.5	28.9	6.5	0.0	6.7	2092	60.3
Your choice of a Pinto Bean, Beef or Chicken Baja Taco served with a small order of Tater Fries and a small soft drink.												

KIDS MEALS

(LOW = Side of Rice and Diet Coke, HIGH = Tater Fries and Root Beer)

Kids Soft Burrito - LOW		25.5	477	16.1	81.0	8.5	9.5	3.0	0.0	15.0	1305	0.0
A Kids Soft Pinto Bean, Beef or Chicken Burrito with a small order of Tater Fries, rice or beans, and a small soft drink or Apple Juice.												
Kids Soft Burrito - HIGH		23.5	783	24.0	107.0	10.0	30.0	8.8	0.0	25.0	1903	60.0
A Kids Soft Pinto Bean, Beef or Chicken Burrito with a small order of Tater Fries, rice or beans, and a small soft drink or Apple Juice.												
Kids Crisp Burrito - LOW		22.7	365	14.6	55.5	2.5	9.5	2.5	0.0	15.0	90.5	0.5
A Kids Crisp Pinto Bean, Beef or Chicken Burrito with a small order of Tater Fries, rice or beans, and a small soft drink or Apple Juice.												
Kids Crisp Burrito - HIGH		20.7	410	11.5	36.0	6.0	24.5	5.8	0.0	10.0	1143	1.0
A Kids Crisp Pinto Bean, Beef or Chicken Burrito with a small order of Tater Fries, rice or beans, and a small soft drink or Apple Juice.												
Quesadilla - LOW		23.0	430	15.1	64.0	2.5	11.5	4.5	0.0	25.0	1015	0.0
A cheese Quesadilla with a small order of Tater Fries, rice or beans, and a small soft drink or Apple Juice.												
Quesadilla - HIGH		21.0	663	13.0	101.0	5.0	24.5	6.3	0.0	25.0	1153	60.0
A cheese Quesadilla with a small order of Tater Fries, rice or beans, and a small soft drink or Apple Juice.												

SIDES

Small Tater Fries  GLUTEN-SENSITIVE	2.6	235	2.5	23.0	4.0	14.5	1.8	0.0	0.0	620	0.0
Crisp potato rounds deep-fried and lightly seasoned.											
Medium Tater Fries  GLUTEN-SENSITIVE	4.6	423	4.5	41.4	6.3	26.1	3.2	0.0	0.0	1116	0.0
Crisp potato rounds deep-fried and lightly seasoned.											
Large Tater Fries  GLUTEN-SENSITIVE	7.2	658	7.0	64.4	9.8	40.6	4.9	0.0	0.0	1736	0.0
Crisp potato rounds deep-fried and lightly seasoned.											

MENU & NUTRITIONAL INFORMATION

		SERVING SIZE (oz)	CALORIES	PROTEIN (g)	CARBS (g)	DIETARY FIBER (g)	FAT TOTAL (g)	SAT. FAT (g)	TRANS. FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	SUGAR (g)
Small Spicy Tater Fries  GLUTEN-SENSITIVE	Crisp potato rounds deep-fried and topped with a bold blend of spicy seasonings.	2.6	235	2.5	23.0	3.5	14.5	1.8	0.0	0.0	1389	0.0
Medium Spicy Tater Fries  GLUTEN-SENSITIVE	Crisp potato rounds deep-fried and topped with a bold blend of spicy seasonings.	4.6	423	4.5	41.4	6.3	26.1	3.2	0.0	0.0	2500	0.0
Large Spicy Tater Fries  GLUTEN-SENSITIVE	Crisp potato rounds deep-fried and topped with a bold blend of spicy seasonings.	7.2	658.0	7.0	64.4	9.8	40.6	4.9	0.0	0.0	3892	0.0
Chips and Mild Salsa  GLUTEN-SENSITIVE	Freshly prepared corn tortilla chips with Mild Salsa.	6.8	474	4.0	54.9	4.7	25.0	1.6	0.0	0.0	565	4.2
Chips and Green Salsa  GLUTEN-SENSITIVE	Freshly prepared corn tortilla chips with Green Salsa.	6.8	475	4.1	54.8	4.8	25.2	1.6	0.0	0.0	710	4.0
Chips and Guacamole  GLUTEN-SENSITIVE	Freshly prepared corn tortilla chips with Guacamole.	6.8	596	5.1	56.9	9.6	38.8	3.5	0.0	0.0	30	1.1
Rice  GLUTEN-SENSITIVE	Rice, with diced yellow onions, tomatoes, fresh cilantro and a blend of seasonings.	4.6	215	4.6	46.0	1.5	1.5	0.0	0.0	0.0	521	<1
Pinto Beans  GLUTEN-SENSITIVE	Fat-free pinto beans with a touch of Cheddar cheese. Served with a side of freshly prepared corn tortilla chips.	8.2	260	15.1	45.3	16.0	3.6	1.3	0.0	7.5	1063	0.0
Whole Black Beans  GLUTEN-SENSITIVE	Fat-free Pinto Beans with a touch of Cheddar cheese. Served with a side of freshly prepared corn tortilla chips.	5.2	237	15.3	35.0	13.3	2.9	0.8	0.0	5.0	528	0.0

DRESSINGS & SALSAS

Ranch Dressing		1.0	110	0.9	1.0	0.1	12.0	3.5	0.0	10.0	125	0.8
Ranch Dressing		3.0	330	2.6	3.0	0.2	36.0	10.5	0.0	30.0	375	2.5
Spicy Ranch Dressing		1.0	140	0.9	1.0	0.1	13.0	3.5	0.0	9.0	280	0.8
Spicy Ranch Dressing		3.0	420	2.7	3.0	0.3	39.0	10.5	0.0	27.0	840	2.5
Thousand Island Dressing		3.0	392	0.0	14.0	0.0	36.4	5.6	0.0	42.0	672	11.2
Sour Cream		3.0	182	3.0	6.1	0.0	15.2	9.1	0.0	60.8	46	0.0
Cilantro Lime Dressing		3.0	111	2.2	6.6	0.4	8.3	4.8	0.0	28.9	547	3.6
Mild Salsa		3.0	27	0.7	6.0	1.2	0.0	0.0	0.0	0.0	424	3.1
Green Salsa		3.0	28	0.8	6.0	1.3	0.2	0.0	0.0	0.0	532	3.0
Habanero Salsa		3.0	67	0.0	8.1	0.0	2.7	0.0	0.0	0.0	1343	5.4
Pico de Gallo		3.0	26	1.1	4.8	2.6	0.2	0.0	0.0	0.0	831	0.9
Corn Salsa		3.0	66	2.3	15.5	1.7	0.6	0.1	0.0	0.0	218	0.0
Tangy White Sauce		1.0	170	0.0	<1	0.0	18.0	3.0	0.0	10.0	125	0.0
Taco Time Hot Sauce		1.0	10	0.0	2.0	<1	0.0	0.0	0.0	0.0	130	0.0
Taco Time Bottled Hot Sauce		12.0	150	0.0	24.0	0.0	0.0	0.0	0.0	0.0	1560	0.0
Guacamole		1.0	40	0.5	2.5	1.6	3.4	0.5	0.0	0.0	7	0.3

DRINKS

Soft Drink (SMALL Diet Coke) - <i>LOW</i>	16.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	53	0.0
Soft Drink (LARGE Root Beer) - <i>HIGH</i>	32.0	427	0.0	120.0	0.0	0.0	0.0	0.0	0.0	187	120.0
Iced Tea - Small	16.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	48	0.0
Iced Tea - Medium	21.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	62	0.0

MENU & NUTRITIONAL INFORMATION

	SERVING SIZE (oz)	CALORIES	PROTEIN (g)	CARBS (g)	DIETARY FIBER (g)	FAT TOTAL (g)	SAT. FAT (g)	TRANS. FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	SUGAR (g)
Iced Tea - Large	32.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	95	0.0
Apple Juice	6.8	100	0.0	24.0	0.0	0.0	0.0	0.0	0.0	25	23.0

DESSERTS

Crustos® Strips of deep-fried flour tortillas, sprinkled with cinnamon and sugar.	 	2.0	327	4.0	31.0	2.0	21.0	2.0	0.0	0.0	170	7.0
Churro An authentic churro deep-fried and rolled in cinnamon and sugar.		2.5	248	3.0	27.1	0.0	14.0	1.0	0.0	0.0	250	2.8

 **GLUTEN-SENSITIVE** This item is prepared with gluten-free ingredients, however they may come in contact with other ingredients in our kitchen that contain gluten.

ALLERGENS

Our restaurants prepare and serve products that contain wheat, soy, dairy, eggs and fish. While a particular product may not list one of these allergens, our ingredients may be prepared with equipment that is shared with products containing one or more of these allergens. Food cooked in common oil has also been indicated as possible allergens.

ALLERGEN KEY:

The symbols below indicate possible allergens for each item.

 Wheat	 Dairy	 Eggs
 Fish	 Soy	